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## **INITIAL PATIENT EVALUATION FORM**

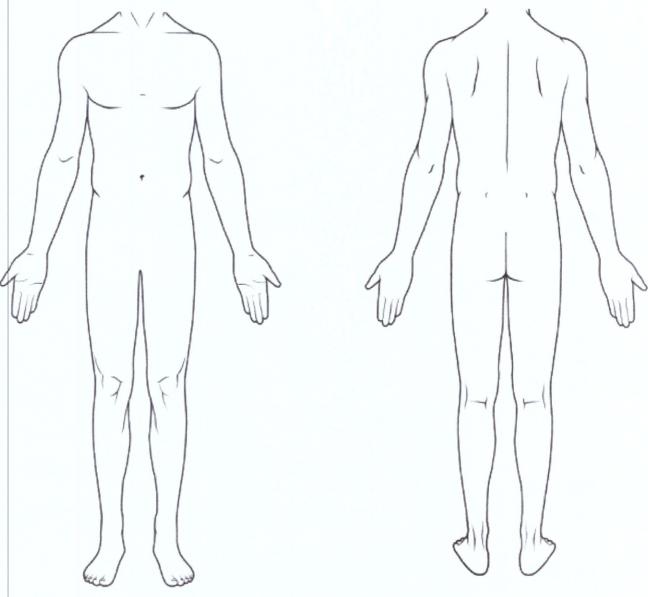
| Name:   |   |       |   |  |  |
|---|---|-------|---|--|--|
| Age:  | DOB:/   |       | Marital status:                         |  |  |
| Occupation/Job:   |   |       | Today's date:                           |  |  |
| Where is your probl   | em? (please circle)   | )     |   |  |  |
| Ankle   | Knee  | Hip   | Elbow                                   |  |  |
| Shoulder  | Back  | Wrist | Other                                   |  |  |
| Which side?   | Right / Left /  | Both  |   |  |  |
| Dominant arm?   | Right / Left  |       |   |  |  |
| Problems (please check all that apply)  |   |       |   |  |  |
| <ul> <li>Pain?</li> <li>Weakness?</li> <li>Instability/Giving way/Dislocation?</li> <li>Stiffness</li> <li>Swelling?</li> <li>Other?</li> </ul> |   |       |   |  |  |
|   |   |       |   |  |  |
| How did you injure yourself?  |   |       |   |  |  |
| <ul><li>Sports (wl</li><li>Motor veh</li></ul>  | <ul><li>Sports (which sport?)</li><li>Motor vehicle accident?</li></ul> |       | Is there a workers comp claim? Yes / No |  |  |
| Date of injury?   |   |       |   |  |  |

| How long have you had symptoms?                    |                  |                |                     |            |                     |                  |       |                   |
|--|------------------|----------------|---------------------|------------|---------------------|------------------|-------|-------------------|
| Briefly describe your injury:                      |                  |                |                     |            |                     |                  |       |                   |
|  |                  |                |                     |            |                     |                  |       |                   |
| Diagnosis?   | (if you k        | now or         | have be             | een tolo   | d)                  |                  |       |                   |
| Sports level:                                      | None             | / Recre        | eational            | / Con      | npetitiv            | e                |       |                   |
| Surgical hist                                      | <b>ory</b> (an   | y surge        | ry, not i           | ust orth   | nopaedi             | c surge          | rv)   |                   |
| Problem + Date or Age                              |                  |                | Treatments + Doctor |            |                     | Successful (Y/N) |       |                   |
|  |                  |                |                     |            |                     |                  |       |                   |
|  |                  |                |                     |            |                     |                  |       |                   |
|  |                  |                |                     |            |                     |                  |       |                   |
|  |                  |                |                     |            |                     |                  |       |                   |
|  |                  |                |                     | 4.0        |                     |                  |       |                   |
| How severe i                                       | s the p          | ain? (C        | ) = none            | e, 10 =s   | severe p            | pain)            |       | (circle relevant) |
| At rest?<br>At its worst?                          |                  | 0 1 0 1        | 2 3 4<br>2 3 4      | 5 6<br>5 6 | 7 8<br>7 8          | 9 10<br>9 10     |       |                   |
| Do you have pain at night? Yes / No                |                  |                |                     |            |                     |                  |       |                   |
| Does it waken you from sleep> ls the pain getting: |                  | Better         |                     | Worse      | •                   | Same             |       |                   |
| 0  | 01               |                | <b>5</b>            |            | <b>T</b>            |                  |       | A 1.              |
| Quality:   | Sharp            |                | Dull                |            | Throb               | bing             |       | Aching            |
|  | Stabbi           | ng             | Cramp               | oing       | Burnir              | ng               |       | Stiffness         |
| Timing:  | Consta<br>With e | ant<br>xercise |                     |            | s and g<br>activity | oes              | Wakes | s from sleep      |
| Makes it wor                                       | se:              | Standi         | ng                  | Sitting    |                     | Walkir           | ng    | Lifting           |
|  |                  | Twistir        | ng                  | Bendi      | ng                  | Motion           | n     | Squatting         |
|  |                  | Kneeli         | ng                  | Stairs     |                     |                  |       |                   |
| Makes it bette                                     | er:              | Rest           |                     | Ice        |                     | Heat             |       | Motion            |
|  |                  | Elevati        | ion                 | Massa      | age                 | Medic            | ine   | Therapy           |

| Other symptoms:   | Swelling                       | Numbness     | Catching | Loss of Motion |  |
|---|--------------------------------|--------------|----------|----------------|--|
|   | Tingling                       | Clicking     | Bruising | Weakness       |  |
|   | Locking                        |              |          |                |  |
| What tests have be  | en done:                       | X-rays       | MRI      | EMG/NCS        |  |
|   |                                | Bone scan    | Other    |                |  |
| What medications  | have you tried                 | ?            |          |                |  |
|   |                                |              |          |                |  |
| Other treatments a  | nd therapy?                    |              |          |                |  |
|   |                                |              |          |                |  |
| Are you currently w   | vorking?                       | Yes / No / I | Retired  |                |  |
|   | f yes: normal job limited duty |              |          |                |  |
| Impact on capacity to   | o work:                        |              |          |                |  |
|   |                                |              |          |                |  |
| What are your currer  | nt working hours               | s:           |          |                |  |
| What are your current working hours:  What duties are you currently performing: |                                |              |          |                |  |
| ·····   |                                |              |          |                |  |
| Is your claim accepte   |                                |              |          |                |  |
|   |                                |              |          |                |  |
| Are you allergic to latex? Yes / No  Allergies to medications or food?          |                                |              |          |                |  |
|   |                                |              |          |                |  |
|   |                                |              |          |                |  |
| Current medication  | S:                             | Dose         |          | Fraguency      |  |
| Name 1  |                                |              |          | Frequency      |  |
|   |                                |              | •••••    |                |  |
| 2   |                                |              | •••••    |                |  |
| 3   |                                |              |          |                |  |
| 4   |                                |              |          |                |  |
| 5   |                                |              |          |                |  |

| 6   |   |   |  |
|---|---|---|--|
| 7   |   |   |  |
| 8   |   |   |  |
| 9   |   |   |  |
| 10  |   |   |  |
| 11  |   |   |  |
| 12  |   |   |  |
| Do you take Aspirin   | ? Yes /   | No  |  |
| Past medical histor understood to be negative)  | <b>y:</b> (please circle any illnesse                             | s that you have been treated  | for. Items not circled are   |
| Abnormal bleeding Heart disease Anaemia Asthma Phlebitis Rheumatic fever Thyroid disorder | Pneumonia Ulcer Arthritis Gout Stroke Blood clot Epilepsy/seizure | Cancer Kidney disease Osteoporosis Anxiety Tuberculosis Back/neck injury Peripheral vascular diseas | Diabetes Hepatitis Liver disease Emphysema Hypertension AIDS/HIV + |
| Other   |   |   |  |
| Do you smoke? Yes /   | No How many a day?  | How man   | y years?   |
| Do you drink alcohol?   | Yes / No Frequency  | ?   |  |
| Are you pregnant? Ye  | s / No  |   |  |
| Family history: (please negative)   | circle any conditions your famil                                  | ly members have. Items not co   | ircled are understood to be  |
| Abnormal bleeding Heart disease Anaemia Asthma Phlebitis Rheumatic fever Thyroid disorder | Pneumonia Ulcer Arthritis Gout Stroke Blood clot Epilepsy/seizure | Cancer Kidney disease Osteoporosis Anxiety Tuberculosis Back/neck injury Peripheral vascular diseas | Diabetes Hepatitis Liver disease Emphysema AIDS/HIV + Polio        |
| Other:  | None:   |   |  |
| Have you had any recently negative)   | cent episodes of: (pleas  | se circle. Items not circle   | d are understood to be   |
| Fever<br>Visual changes   | Weight loss   | Shortness of breath   | Swelling   |

RIGHT LEFT LEFT RIGHT



PLEASE MARK THE AREA(S) AFFECTED ABOVE
PAIN XXXXX TINGLING ..... NUMBNESS ##### DECREASED SENSATION /////